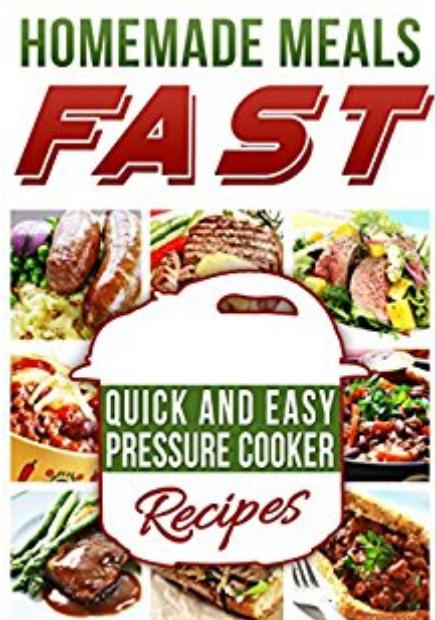


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INSTANT POT PRESSURE COOKER COOKBOOK: Homemade Meals Fast: Quick And Easy Electric Pressure Cooker Recipes



Synopsis

Eating healthy homemade meals made in just a few minutes! Dream or reality? Real for sure with the help of an electric pressure cooker! Download FREE with Kindle Unlimited! In this book, you'll find all the information you need to prepare healthy meals for your family and friend in just a few minutes with the help of an electric pressure cooker. Pressure cookers have been around for a long time but always scared us with the release of the pressure and cooking on the stove top. But now this is a thing of the past with the most modern version of the stand alone electric pressure cooker. You just prepare your ingredient, connect your electric pressure cooker, add the ingredients and let it do its magic. In just a few minutes, you will have a complete, healthy meals your family will love. Inside, find:

- How electric pressure cookers work.
- Plenty of cooking tips.
- Why you should use a pressure cooker.
- Favorite chicken and turkey meals like Chicken Cacciatore with a Wine Sauce or the Turkey with Parmigiano Cheese and Herbs.
- Wholesome beef and veal recipes like the Quick Cooking Beef Stroganoff or the Veal Stew with Carrots and Celery.
- Easy to prepare Pork and Lamb recipes like the Pork Loin with Apple and Wine or the Artichoke Braised Lamb.
- Healthy vegetarian dish like the Asparagus Risotto.
- Light and delicious fish and seafood meals like the Quick Shrimp Paella.
- Speedy sides recipes like the Lemon Rice with Mixed Vegetables.
- Luscious desserts in minutes like the Creme Brûlée.

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Customer Reviews

It's been quite a number of years since I used a pressure cooker, so I was looking for a cookbook that could offer me some good recipes and some tips on using the cooker. HOMEMADE MEALS FAST delivered both. I liked that the cooking and prep times for the recipes were provided, too. My mom used to make rosemary chicken and there's a nice recipe included for that dish. I enjoy many vegetarian dishes and I plan to give the Feta Sprinkled Couscous with Acorn Squash on Top recipe a try soon. I really like the inclusion of the recipes for side dishes. I don't often think of preparing a side dish this way.

Homemade Meals Fast: Quick and Easy Electric Pressure Cooker RecipesRecently got an electric pressure cooker and still learning how to use it. The recipes aren't cast in stone so there's a bit of play to getting them to come out just right. Free cookbook is included. This book starts out with the benefits of using a pressure cooker. Also about the parts of the cooker and what each does. Each recipe comes with times for prep, cooking time also servings. List of ingredients, mostly fresh, and details on how to make it. At the end is list of nutritional information although it has fat listed it doesn't break it down into the normal 4 parts. Book is broken up into recipes : poultry/meats, fish, and desserts. Didn't find many that we could eat, we have very low fat, no saturated and very low sodium in our diets. Other works by the author are highlighted at the end. A KEEPER!

This guide is absolutely amazing. I know the power of the pressure cooker in making food quick and easy. However, I have always assumed that the flavor is just mushy and tasteless. Well, that is what I felt until I tried the amazing recipes in this book. I love the fact that this book has pictures of the different recipes. Even the kids love the recipes from this book. They want to help prepare the meals because they are so easy. It has become a new family favorite activity around the pressure cooking making food together. This was an amazing book on multiple levels!

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What a fantastic addition to my instant pot. Looking forward to trying many delicious recipes.

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